



Regione  
Toscana



Comune  
di Firenze



Provincia  
di Firenze



Camera di Commercio  
Industria Artigianato e Agricoltura  
Firenze



Consiglio Nazionale  
delle Ricerche



Società Italiana  
di Medicina del Benessere  
Oltre la nutrizione - onlus



Società Italiana  
di Medicina Estetica



Società Italiana  
di Medicina delle Persone  
Sane e della Salute



I.A.M.S.E. @ FIRENZE



# International Anti-aging Medicine Symposium & Exposition

April 21 - 23, 2006

Palazzo dei Congressi  
Florence

SCIENTIFIC PROGRAMME

Organizing Secretariat



Mael S.r.l.

Via Colle Ramole, 16 - 50023 Firenze

Tel. +39 055 2373684 Fax +39 055 2374947

E-mail: [info@antiagingfirenze.com](mailto:info@antiagingfirenze.com)

[www.antiagingfirenze.com](http://www.antiagingfirenze.com)

Press Office



STUDIO ANGELETTI

di Sergio Angeletti

Via Pacini, 40

21131 Milano

### **Chairman**

Gian Franco Gensini (Italy)

### **Scientific Committee**

Ivano Bertini (Italy),  
Lucio Capurso (Italy),  
Enrico Garaci (Italy),

Torello Lotti (Italy),  
Giulio Masotti (Italy),  
Umberto Scapagnini (Italy),

Giovanni Spera (Italy),  
Calogero Surrenti (Italy)

### **Scientific Board**

Wilmar J. Accursio (Brazil),  
Daniel Alkon (U.S.A.),  
Carlo Alberto Bartoletti (Italy),  
Ettore Bartoli (Italy),  
Bruno Berra (Italy),  
Ivano Bertini (Italy),  
Santi Branca (Italy),  
Allan Butterfield (U.S.A.),  
Enrique Cadenas (U.S.A.),  
Vittorio Calabrese (Italy),  
Lucio Capurso (Italy),  
Calogero Caruso (Italy),  
Benvenuto Cestaro (Italy),  
Filiberto Cimino (Italy),  
Claudio Cricelli (Italy),  
Carlo De Marco (Italy),  
Fabrizio Duranti (Italy),  
Claudio Franceschi (Italy),

Enrico Garaci (Italy),  
Marco Gasparotti (Italy),  
Robert Goldman (U.S.A.),  
A. Maria Giuffrida Stella (Italy),  
Barry Halliwell (Singapore),  
Riccardo Ientile (Italy),  
Ron Klatz (U.S.A.),  
Giorgio Lenaz (Italy),  
Federico Licastro (Italy),  
Torello Lotti (Italy),  
Salvatore Macaione (Italy),  
Mahin Maines (U.S.A.),  
Cesare Mancuso (Italy),  
Giulio Masotti (Italy),  
Jun Matsuyama (Japan),  
Claudio Mencacci (Italy),  
Anna Modelska (Poland),  
Luciano Motta (Italy),

Lester Packer (U.S.A.),  
Sergio Papa (Italy),  
Giulio Maria Pasinetti (U.S.A.),  
Giuseppe Poli (Italy),  
Alessandro Quattrone (Italy),  
Suresh Rattan (Denmark),  
Giuseppe Rotilio (Italy),  
Franco Salvatore (Italy),  
Maria Gabriella Santoro (Italy),  
Giovanni Scapagnini (Italy),  
Umberto Scapagnini (Italy),  
Giovanni Spera (Italy),  
Calogero Surrenti (Italy),  
Marco Trabucchi (Italy),  
Fulvio Ursini (Italy),  
Maurizio Valeriani (Italy)

April 21, 2006

**p.m.**

03:00 Welcome address  
*G.F. Gensini*

Introduction  
*U. Scapagnini*

Lecture  
Advances in the New Speciality of Anti-Aging Medicine  
*R. Goldman*

04:45 **Anti-aging and quality of life**  
*Chairpeople: U. Scapagnini, C. Cricelli*

Probiotics, intestinal ecology and aging  
*L. Capurso*

Role of medicinal herbs in aging  
*D. Giachetti*

SPA and mineral waters: health and wellness  
*A. Fraioli*

Quality of mediterranean agroalimentary production as consumer health protection  
*P. Bruni*

**DISCUSSION**

06:30 **SPECIAL EVENT**  
**Wine roads to longevity:  
all the anti-aging properties of red wine**  
*G. Spera*  
*Under the patronage of "Associazione Vino e Salute"*



April 22, 2006

**a.m.**

09:00 **I SESSION**  
**Biology and basic aging mechanisms**  
*Chairpeople: S. Rattan, M. Stefani*

What is the real value of antioxidants?  
*B. Halliwell*

Inflamm-aging  
*C. Franceschi*

Stress, hormesis, and aging - beneficial effects of mild stress  
*S. Rattan*

Genomics of aging  
*I. Bertini*

**DISCUSSION**

Coffee break and visit to posters

11:00 **II SESSION**  
**Brain aging and cellular stress response**  
*Chairpeople: G. Rotilio, M. Maines*

Regulation of heme metabolism and brain aging  
*M. Maines*

Redox regulation of cellular stress response in aging and neurodegenerative disorders: role of vitagenes  
*V. Calabrese*

Molecular convergence of memory and Alzheimer's disease pathways on PKC isozymes: targets for therapeutics and diagnostic biomarkers in human fibroblasts  
*T. Khan*

Antiaging medicine: an aximore?  
*M. Trabucchi*

Activation of the cAMP cascade prevents ROS accumulation and oxidative damage  
*S. Papa*

Homocysteine, excitotoxic cell death and neurological diseases  
*R. Ientile*

**DISCUSSION**

April 22, 2006

p.m.

02:45 Poster session

**III SESSION**

03:00 **Cutaneous aging: from biology to medical therapy**

*Chairpeople: T. Lotti, N. Scuderi*

Photoprotection and cutaneous aging

*G. Micali*

Dermatological approach to cutaneous aging

*T. Lotti*

Role of the cutaneous check-up in a cutaneous anti-aging program

*C.A. Bartoletti*

Surgery and treatments related to the correction of cutaneous aging

*N. Scuderi*

Advances in liposculpture and treatment of cellulite

*M. Valeriani*

**DISCUSSION**

Coffee break and visit to posters

**IV SESSION**

05:30 **Endocrinology and anti-aging medicine**

*Chairpeople: P.A. Geppetti, G. Spera*

Role of the stress axis in aging and neurodegenerative disorders

*C. Mancuso*

GH: the youth hormone?

*E. Arvat*

Sexual hormones replacement therapy: for man

*M.L. Brandi*

Pharmacogenetics of the response to steroid hormones

*A. Aversa*

Melatonin and chronobiology

*P. Monteleone*

**DISCUSSION**

April 23, 2006

a.m.

09:00 Lecture  
Affective troubles, physical activity and nourishment  
*C. Mencacci*

**Beyond the Mediterranean diet:  
the new wellness nutrition**

**FIRST PART**

*Chairpeople: E. Del Toma, P. Migliaccio*

09:30

Disease prevention by dietary antioxidants

*M. Serafini*

Olive oil: the perfect functional food

*B. Berra*

Nutrigenomics: the basis for a tailored nutrition

*A. Quattrone*

Rational basis of dietetic approach to prevention

*R. Abbate*

**DISCUSSION**

Coffee break and visit to posters

**SECOND PART**

*Chairpeople: G. Liguri, C. Mancuso*

11:15

Xenobiotics, aging and therapeutic strategies

*F. Marotta*

Clinical experience with probiotics in elderly

*M. Del Piano*

All the colours of food: biological activities of pigments

*G. Scapagnini*

Coenzyme Q10: antioxidant properties and physiological implications

*G.P. Littarru*

**DISCUSSION**

12:45 Closing remarks



# General Information

## Congress Venue

Palazzo dei Congressi  
Piazza Adua, 1  
50123 Firenze

## Date

April 21 - 23, 2006

## Registration fees

Participants € 350,00 (+VAT 20%)

### The registration fee includes:

- meeting kit
- participation in the scientific session
- certificate of attendance

## Abstract

The Scientific Committee invites Authors to submit abstracts to be considered for inclusion in the proceedings.

Abstract must be submitted by E-mail (see the form on the Meeting website).

## Registration fee

On-line registration

From March 1, 2006 onwards you may register via the conference web site: [www.antiagingfirenze.com](http://www.antiagingfirenze.com). If you do not wish to register on line, please print the web copy of the registration form or the attached version, fill in and send it with copy of the payment.

## Hotel accommodation

For any request, please contact the Travel Agency:

CpAViaggi S.r.l.  
Via della Farnesina, 224 - 00194 Rome - Italy  
Tel. +39 06 36381573 Fax +39 06 36307682  
E-mail: [info@ideacpa.com](mailto:info@ideacpa.com)  
[www.ideacpa.com](http://www.ideacpa.com)

## C.M.E.

The Scientific Committee is now in the process of obtaining Italian Continuing Medical Education credits in conjunction with participation in the educational meetings.

SIMULTANEOUS TRANSLATION WILL BE NOT PROVIDED

**For further details and forms, please visit the web site: [www.antiagingfirenze.com](http://www.antiagingfirenze.com)**

## How to get here

### TRAIN STATION

All the stations are connected to the main railway intersections in Italy and Europe.

### BUS

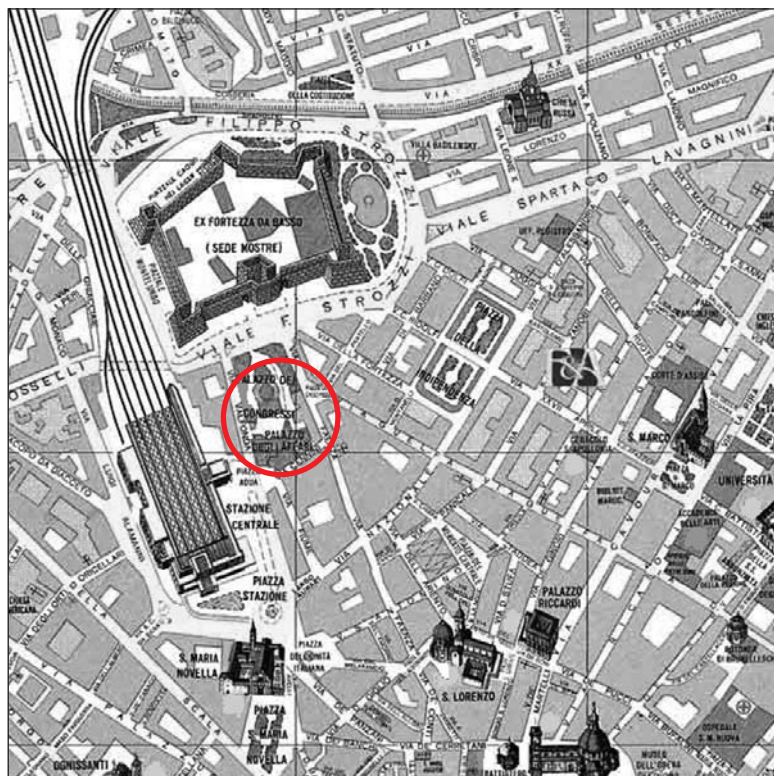
All town buses stop at Piazza della Stazione (Train Station). Being located just 50 metres from train station, Palazzo dei Congressi is therefore within walking distance of any bus stop.

### CAR

An efficient motorway network connects Florence to the rest of Italy and Europe.

Palazzo dei Congressi is just 4 km (2.5 miles) from the main Italian motorway (A1: Autostrada del Sole - Exit Firenze Nord).

Two large parking areas, for 600 and 800 cars, respectively, are just 100 metres away; another parking area for 400 cars can be reached by shuttle bus.



## REGISTRATION FORM

To be faxed at +39 055 2374947

PERSONAL DATA

Family Name \_\_\_\_\_ First name \_\_\_\_\_  
Organization or Institution \_\_\_\_\_  
Occupation \_\_\_\_\_  
Address \_\_\_\_\_ N. \_\_\_\_\_  
Zip Code \_\_\_\_\_ City \_\_\_\_\_  
Country \_\_\_\_\_  
Phone \_\_\_\_\_ Fax \_\_\_\_\_ E-mail \_\_\_\_\_  
 Private address  Job address

The above information is stored in our data bank and in conformity with the 675/96 concerning the protection data. These data will be communicated or divulged to third parties and, at any time, it is possible to request any change or by writing to the person in charge of the Company's Database at the address of the Organizing Secretariat

Signature \_\_\_\_\_ Place \_\_\_\_\_ Date \_\_\_\_\_

INVOICE DATA

### REGISTER THE INVOICE TO:

Name/Corporate Name \_\_\_\_\_  
Address \_\_\_\_\_ N. \_\_\_\_\_  
Zip Code \_\_\_\_\_ City \_\_\_\_\_  
Country \_\_\_\_\_  
Fiscal Code \_\_\_\_\_  
Vat Code \_\_\_\_\_

### SEND THE INVOICE TO:

Name/Corporate Name \_\_\_\_\_  
Address \_\_\_\_\_ N. \_\_\_\_\_  
Zip Code \_\_\_\_\_ City \_\_\_\_\_  
Country \_\_\_\_\_

REGISTRATION

### REGISTRATION FEES

Participants € 350,00 (+ VAT 20%)

### THIS PAYMENT GIVES THE PARTECIPATION THE RIGHT TO:

- meeting kit
- scientific session
- certificate of attendance

METHOD OF PAYMENT

### METHOD OF PAYMENT

BANK DRAFT - Please forward bank draft to **Mael S.r.l.** Banca Toscana - AG. 3 Florence  
Account number: 000000156631 - ABI 03400, CAB 02803, CIN Q  
SWIFT CODE TOSGIT3F213 IBAN IT 47 Q 03400 02803 000000156631

Bank Cheque to **Mael S.r.l.** to be sent to Via Colle Ramole, 16 - 50023 Florence (Italy)

### CANCELLATION:

- cancellation within February 20<sup>th</sup> 2006: 50% refund of total amount
- cancellation after February 20<sup>th</sup> 2006: no refund

*Registrations without the payment will not be considered*

Total € \_\_\_\_\_ Date \_\_\_\_\_ Signature \_\_\_\_\_